



# FREE Parenting Workshops

Supportive, small group programs to connect with other parents about raising young children. You can attend **any** or **all** of the classes below for **free**.

**Snacks will be provided**

**{2/4/19: 9:15to11:15am}: Dealing with Disobedience**

Get tips on how to get kids to listen and follow directions—and what to do when they don't.

**{2/11/19: 9:15 to 11:15am}: Hassle-Free Shopping with Children**

See how to plan for easy, calm trips out in public and how to deal when kids act up.

**{2/25/19: 9:15 to 11:15am}: Managing Fighting and Anger**

Learn strategies for teaching kids to solve problems and get along with others.

**{3/4/19: 9:15 to 11:15am}: Developing Good Bedtime Routines**

Get advice on getting your kid to go to bed—and staying there.

**All classes held at FCBDD at 1351 Leesburg Ave. Washington Court House, Oh. 43160**

**To Sign Up: please call 614-355-8099 or email us at [triplep@nationwidechildrens.org](mailto:triplep@nationwidechildrens.org)**



**Ohio Children's Trust Fund**  
*Ohio's Prevent Child Abuse America Chapter*



**NATIONWIDE CHILDREN'S**  
*When your child needs a hospital, everything matters.™*