

LET'S SHARE IT!



Fayette County Board of
Developmental Disabilities

June, 2016

Marilyn Weidman, Editor

We offer quality programs and coordinate available services so that people we serve may realize their dreams and actively contribute to their community.

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Superintendent's Message



It is hard to believe we are officially in the summer season, I guess the old adage, "time flies when you are having fun" really does apply! You will see throughout this newsletter, the fun our little ones had as they ended the school year with activities and preschool graduation. The S.A.F.E. annual fund raiser was another event in which participants had so much fun they are still talking about it. In this edition, we highlight one of our partners, Goodwill Industries so you will see pictures of folks out and about having fun in our community.

We have assisted a number of individuals realize their employment dreams as we continue to work with the summer youth program to add opportunities for those heading into the work force. Along with helping to guide and teach these young people good work habits, we also want to stress and help them understand the importance of finding the "right fit" for their employment.

If there is any group who has had fun over the last few months it would be our own Dragons! Between competing in track and field events, participating in basketball camp and now anxiously awaiting the start of softball season these athletes have been on the move.

As we fully immerse ourselves in all the wonderful events this summer season has to offer, I am reminded how fast time really does go and hope that we help to create fun memories for those we serve. Have a happy, fun filled, and safe 4th of July holiday.

Warm Regards,

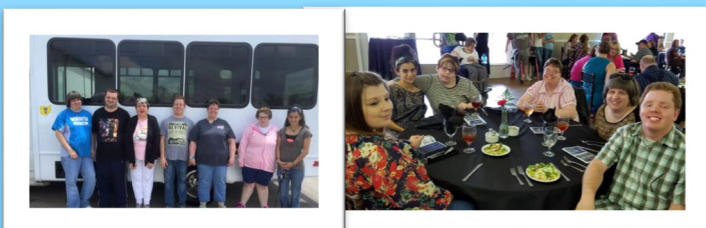
Deb Buccilla, Superintendent

"Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time." ~ John Lubbock, The Use of Life

Local Provider Updates

GOODWILL INDUSTRIES of south central ohio

Good things are happening at Goodwill Industries in Washington Court House. They have moved back to the 1825 Columbus Ave. location, have purchased new buses for each of the work center locations throughout South Central Ohio, and had their Annual Employee Appreciation banquet. Goodwill's mission is "to enhance the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity and helping people in need reach their full potential through the learning power of work." The work center is hiring individuals with disabilities, so visit your Service and Support Administrator to see if you qualify. As always, donations are always appreciated. When you donate to Goodwill, you've taken the opportunity to become a job creator and make a significant difference in the lives of individuals living in your community.



Please stop by to see the new location and to support
Goodwill and their mission. www.gwisco.org

Becoming a Trauma-Informed Agency

Working with people with disabilities, it is clear that we don't always know everything about their life. They have many experiences that FCBDD has not been around to witness, some that may have been wonderful, but also times that are very traumatic.

Some experts believe that 95% of people with disabilities have been through some level of trauma. Trauma is defined by an event, series of events or circumstances that is experienced by a person as physically, or emotionally harmful or threatening and has lasting adverse effects on their functioning and social, physical, emotional or spiritual well-being.

When trauma occurs, people struggle to feel safe, which in turn can prevent them from being able to connect and regulate their emotions. This can create serious daily struggles for people that we are helping to thrive and not just survive in life. They can be misunderstood if others around them are unclear about what is happening with them.

That is where the Fayette County Board of DD comes in. Understanding the seriousness of trauma, we are committed to being trained on the trauma-informed

REALIZING the prevalence of trauma, **RECOGNIZING** how trauma affects all people involved with the program, **RESPONDING** by putting our training into practice and seeking to actively **RESIST** re-traumatization can help us to understand, support and truly educate and empower the people we serve.

approach. Understanding that HOW WE ARE is as important as WHAT WE DO, changes the way we deliver services.

We are shifting our philosophical approach from "What's wrong with you?" to "What happened to you?"

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If you would like more information on trauma-informed care, please contact Cheryl Binegar, SSA/Good Life Coordinator, Fayette County Board of DD.

Can You Learn to Appreciate Someone You Don't Currently Appreciate?



A message from Dr. Paul White, PHD, a psychologist, author, speaker, and consultant. He has coauthored several books and given lectures and written articles to aid in improving positive workplace environments. For more information about Dr. Paul, please visit <http://www.drpaulwhite.com>.

Focusing on appreciation isn't really the way to increase your sense of appreciation for someone. That is, *just trying to "dig deep" and find some appreciation inside of yourself really doesn't work.*

Rather, the way to develop a sense of appreciation for a colleague is to **focus on their value as a person**. This is because **appreciation is a result** that flows from understanding the value of another person.

So, instead of trying to make yourself find something you should appreciate about a person, *step back and first think about what they do (or characteristics they have) that are valuable.*

In fact, recently, I've been experimenting with creating a tool that helps managers, supervisors and colleagues be able to think about "why" and "for what" they might appreciate those with whom they work. Here are some beginning areas to think about:

- their personality (quietness, outgoing, adventurous, detail-oriented)
- skills they have (communication, computer usage, mechanical)
- their education and training
- the experience they bring to the job (including from other industries)
- knowledge (about your clients, about the industry, about people in general)
- traits and skills demonstrated outside of work (self-discipline to train for a 10K run, gardening, martial arts)

- values displayed (commitment to their children, speaking straightforwardly)
- what they do that serves your clients well
- what they do that makes others' jobs easier
- what they do that allows you to get your job done
- what they don't do that, if they did, would create more problems (grumbling).

So, the next time you find yourself thinking, "*I'm not sure I can think of anything I appreciate about [colleague's name]*", take some time and think through some of the ways they bring value to the workplace or others in their lives.

Then take the time and energy to point out the positive in their life (communicate your appreciation). You might be surprised that one little action may actually start to build a bridge, then a conversation, and ultimately, maybe a relationship!

~Dr. Paul

END OF SCHOOL ACTIVITIES

CLASS PICNIC



Crystal and Nicki would like to thank everyone that came to this year's class picnic. Crystal stated, "Nicki and I are so thankful for getting to know you and your child this year. Thank you to all the parents who brought in goodies and supplies for our end of year picnic. I'd also like to thank the PTO for helping to dye shirts for the students, and to my husband Craig Best, for grilling the hotdogs. Nicki and I look forward to next year's school year and picnic!"

Last Day of School



Zoo Trip



2015-2016 Preschool Graduating Class



What a great year it has been at Fayette Progressive School! We look forward to seeing the students arrive for the first day of school on August 17, 2016.

Information about orientation and the start of school will be mailed out in July. Classes are being filled now, so it is important to get your completed packets in ASAP!

Have a great summer and hope to see your child in the fall where we will Play, Learn, and Grow Together!

Jamie



Learn, Play, Grow with us!

hi!
ages 3-5

Fayette Progressive Preschool
1351 Leesburg Ave.
Washington Court House, Ohio
Located at
The Starting Gate



Fayette County Board of DD serves
Both IEP kids and preschool pals



contact us at 740-335-1391

Fayette Progressive School is accepting applications for children ages 3-5 who wish to attend a fun learning environment! Half day and full day classes running Monday-Thursday are available. Classes begin August 17, 2016. The Preschool Pal program is tuition-based with JFS funding available, so call 740-335-1391 for more information and for an application.



S.A.F.E (Showing Acceptance For Everyone) had their annual fundraiser on May 19th at Cross Roads Christian Church. The group chose a painting party to be their fundraiser which was led by **Campbell's Creations**.

Thirty people attended the event where they enjoyed an evening of food, painting, and fellowship. Proceeds will be used for family activity events, as well as financial obligations for this non-profit group which meets bi-

monthly at Heritage Memorial Church. For more information about S.A.F.E., please contact Cheryl Binegar, SSA/ Good Life Coordinator at Fayette County Board of DD, 740-335-7453.



Congratulations to Tim for receiving the Homer Award at The Home Depot (Washington Court House, OH). Tim is a seasonal employee in the garden department at Home Depot which was awarded the Gold Cup. The manager told Tim that he had played a huge role in the department's success and so was given the seasonal Homer Award along with a badge.



Congratulations to not only Tim but also the garden department at Home Depot.

For more information about the benefits and possibilities of employing someone with a disability, please contact Betty Reisinger, Community Services Specialist at 740-335-7453.

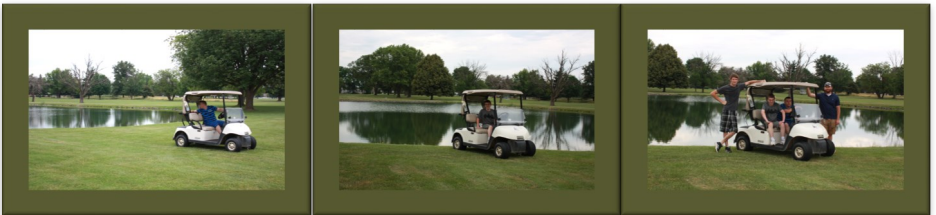
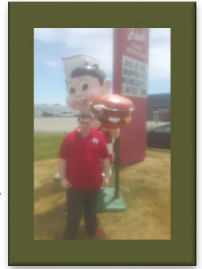


The Summer Youth program started on May 31, 2016. All youth attended a **Skills to Pay the Bills** class. This course was a week-long class that helped to prepare transition age students for work. The class time covered topics such as, Communication, Networking, Teamwork, Problem Solving and Critical Thinking to name a few. Thank you to Highco Inc. for letting Fayette partner with them and make this classroom a fun and educational experience for all.

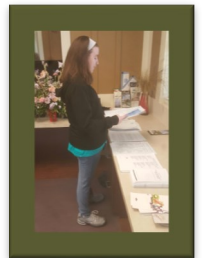
The Fayette Co work sites included:



- James worked at Frisch's. James bussed the tables and rolled silverware, cleaned the windows and unloaded the delivery trucks.
- Ezra and James worked at the Club At Quail Run. Their duties included cleaning the golf carts along with moving them in and out of the shop. They assisted with set up and tear down of banquets and weddings. The two also had the opportunity to drive around the golf course and clean up the greens. And in addition, James and Ezra did some light janitorial work inside the facility.



- Signature Health Care - Jared passed out the Daily Chronicle and puzzles to the residents and often shared jokes with them. Jared also did some light janitorial work.
- Cheyanne received work experience at Court House Manor, office skills at Life Pregnancy, child care experience at Grace Day-care, and retail experience at Peebles.



June 30, 2016 marked the end of the Summer Youth program. All participants from Fayette and Highland will be invited to attend a gathering to share their summer work experiences with the group along with an end of summer work party. Thank you to all of the employers who made these valuable work experiences possible. For more information about the Summer Youth program, please contact Betty Reisinger, Community Services Specialist at 740-335-7453.

United Way has made a huge impact on many non-profits in Fayette County including the Transition Team. They have provided resources for background checks, clothing, transportation, physicals and drivers training to name a few. Thank you for your support!



EMPLOYMENT FIRST updates!

Employ Expect Empower

Congratulations to Marie, a recent new hire working at **Frisch's**.

Congratulations to Kyler on his one year anniversary with **Frisch's**. Pictured is Kyler along with Steve Reeves, General Manager.



Thank you to **Doug Marine Motors** for giving vocational training in the auto detailing department.

Thanks also to **Court House Manor, Signature Health Care and Frisch's** who provided a variety of jobs for Megan to experience.



The FACT group (Fayette Advocating Change Together) continues to meet monthly upstairs at the Kroger Co. from 6 -7 p.m. There will be NO July meeting. The group is preparing for the upcoming election of new officers. Those who are interested in being an officer will be declaring their choice of office in August and voting will take place at the September meeting.

Members of the FACT team continue to attend the Regional Advocacy meetings in Chillicothe. The Regional Advocacy group is preparing to host a festival (date TBA). All proceeds will be going to pay for two partial scholarships to Project Stir. Project Stir (Steps Toward Independence and Responsibility) is a training program for self-advocates designed to provide individuals with the tools to advocate for themselves, mobilize others in advocacy, and gain leadership experience. For more information, please visit <http://www.osdaohio.org/project-stir.html>.

Dragons Athletics

The Special Olympics Track and Field team finished the season on June 4th. The Dragons did very well at the tournament with everyone participating getting at least one 1st, 2nd or 3rd place medal. The Dragons had 12 athletes competing at the tournament. Thank you to Libby Hartshorn, Sally Smith and Nikki Parker for all the help that they provided with the track and field team.

The first basketball camp was held June 20th thru the 22nd at Washington Middle School. The athletes who attended the camp were taught some basic basketball skills such as passing, shooting, and dribbling. The camp ended with a 5 on 5 game competition. Thank you to Kelly Schiltz and the Washington High School ladies basketball team for volunteering their time and talents to make this a successful event.

The softball season is next and will begin in July. Stay tuned for more information about games and dates. For more information about the Dragons, please contact Tim Stewart, Recreation Coordinator.



Fayette County Board of Developmental Disabilities

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Facebook: <https://www.facebook.com/fayettecountydd>

Mission: We offer quality programs and coordinate available services so that people we serve may realize their dreams and actively contribute to their community.

Vision: To empower people to be the best version of themselves.

Values: Teamwork, Dedication, Respect, Integrity.

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To request our email newsletter, please contact Marilyn Weidman at mweidman@fayettedd.com