

# TRAUMA-INFORMED CARE: AN INTRODUCTION

5/8/18 9:30A-12:30P

Participants will learn how childhood and life experiences, including neglect and traumatic stress, change the brain and therefore the physical and mental health of an individual. Ways to assess adverse childhood experiences and resilience will be introduced. Attendees will enhance their ability to plan supports and services that are informed by a clearer understanding of "What has happened to you?" and "What have you done to survive?" rather than "What is wrong with you?"

**Dr. Angela Everson Ray** received her Masters and Doctorate degrees in psychology from The Ohio State University, specializing in mental health services for persons with Intellectual/Developmental Disabilities (IDD). She is the Director of Psychology for the Franklin County Board of Developmental Disabilities in Columbus where she supervises a team of 11 clinicians (psychology assistants and behavior specialists). She has served people of all ages with I/DD and co-occurring mental illness for over 30 years in private practice and at the FCBDD. Dr. Ray is a trained trauma professional and has taught a variety of audiences about trauma-informed and trauma-responsive care. She is a member of APA, OPA, AAIDD, and NADD.

**Dr. Lisa Gordish** received her doctorate in clinical psychology from Nova Southeastern University in Ft. Lauderdale, Florida in 1997 and has been a licensed chemical dependency counselor since 2013. She has worked as a psychologist at the Twin Valley Behavioral Healthcare in Columbus Ohio since 1999 and is currently a forensic coordinator at the Ohio Department of Mental Health and Addictions Services. Dr. Gordish's clinical interests include forensic psychology, trauma, and substance abuse. She provided trauma treatment in an outpatient Sexual Abuse Survivor's Program in Ft. Lauderdale, Florida and provided clinical services within the Metro Dade Police Department in Miami, Florida after Hurricane Andrew in 1992. She subsequently worked in an outpatient anxiety disorders clinic and an intensive outpatient substance abuse program. Since 2008, Dr. Gordish has provided leadership in adopting Trauma-Informed practices within the state regional psychiatric hospitals.

## LEARNING OBJECTIVES:

1. Define trauma and trauma-informed care
2. Describe the ACE study and the essential elements of a comprehensive trauma assessment
3. Understand the essential elements of a Trauma Informed Biographical Timeline (TIBT)

## LOCATION:

Southern State Community College Fayette Campus

1270 US Highway 62 SW  
Washington Court House, OH

Registration is available at the below web address

[HTTP://WWW.PLANETREG.COM/E43131452132914](http://www.planetreg.com/E43131452132914)

The application for continuing education has been submitted. For more information, please contact Kim Kehl @ [Kim.Kehl@mha.ohio.gov](mailto:Kim.Kehl@mha.ohio.gov)

This training is provided FREE of cost by:

The Central Ohio Trauma-Informed Care Collaborative

A collaboration between OhioMHAS and DODD